



Dear Students and Parents,

I hope your summer is off to a great start and you are planning to use the next month to get mentally and physically ready for the 2024-2025 school year.

Sports and after-school activities are an integral part of the school day and help to both create and support a healthy and vibrant community. Solebury School offers a wide range of choices and opportunities for both individual and group experiences, all designed to foster the development of lifelong skills and interests. [Here is a link to The Profile of Sports and Activities.](#) This profile will show you what we offer throughout the school year. Students are required to participate in an interscholastic team sport or supervised activity each trimester after school. Do you want to play for one of our sports teams? Are you ready for a role in the musical—on stage or behind the scenes? Are you interested in rock climbing, dancing, or doing yoga? Do you want to work on the school's literary arts magazine or write for the newspaper? Give it some thought and submit the online Activity Sign-Up form by **August 2**. [The link to the Activity Form is found HERE!](#) When completing the online form, please select your top three choices for each trimester. Since some activities fill up quickly, giving me your second and third choices will help me place you into an activity you want to be in instead of me picking one for you. Although you are choosing your activities for the entire year now, you will still have the opportunity to change activities at the beginning of each trimester during the add/drop period.

Fall preseason begins on Monday, August 26 for boys and girls soccer, field hockey, cross country, and volleyball. Practice times will be determined by the coaches and announced later this summer. If you miss more than 25% of all scheduled preseason obligations (team meetings, practices, scrimmages, etc.), you are automatically ineligible to be a team captain.

Whether or not you are participating in a fall sport, please remember to schedule a physical examination this summer. **All students need a physical examination within the last year on file.** This will be submitted on the Magnus Health Portal. If you have questions about the physical, please email nurses@solebury.org. If you are participating in a fall sport you must return all medical forms (examination, parental authorization of medical treatment, and the sudden cardiac arrest form) prior to the start of preseason; you will not be allowed to participate in practices or games until all forms are completed and returned.

Please don't hesitate to contact me (sanastasio@solebury.org) if you have any questions regarding the school's policies on participation, one of the many sports and activities we offer, or preseason. Enjoy the rest of your summer!

Sincerely,

Stacie Anastasio, MS, LAT, ATC
Director of Athletics